



GUÍA DEL VISITANTE



Colima is famous for its vast Gastronomy, which goes from the most elaborate sea food dishes to the traditional sopitos, pozole and classic family style dinners at **Villa de Álvarez**.

“Tatemado”, the well-known dish made with pork and spices, is delicious! “Enchiladas dulces”, which recipe is a secret among the most traditional families in Colima, is something you should not miss.



GASTRONOMY

The Gastronomy in **Colima** offers a variety of beverages, among the most famous ones is “tuba”, delicious drink extracted from the palm tree and served with peanuts or almonds. Also worth mentioning is the traditional “ponche” from **Comala**, made from fruit and water or milk, and the “tejuino”, mix of corn dough and salt, especially refreshing on a warm sunny day. If you decide to visit a street market, like the Constitución or Pancho Villa, you will be able to enjoy the “bate”, drink made of chan seed and sweetened with piloncillo. You will be gladly amazed by the Gastronomy that Colima has to offer.

If you are visiting us for a couple of days what you must not miss is:

Comala, Pueblo Mágico, with its beautiful “portales” and The Main Square, where you can enjoy coffee, ponche or sweet bread made in this region.

The “Jardín Libertad”, with its beautiful kiosk brought from Belgium in 1891, located at the first square of the city, where you will be able to go sightseeing the most emblematic buildings in the city.

“El Real” beach in the municipality of **Tecomán** with a selection of the best sea food dishes, a place where you will be astonished by the beauty of the sunsets.



The main square at **Villa de Álvarez**, with its traditional “cenadurías”, and tropical flavored popsicles.

The Piedra Lisa Square, where it is said that if you slide along the volcanic stone you will definitely return to Colima.

Manzanillo stunning beaches, with remarkable sunsets and exquisite food.



COMALA

Known as the “White Town of America” and whose name comes from the nahuatl word which means “place where comales are made”, **Comala** is famous for its unique identity. The combination of the Western Precolonial Cultures and the conquerors created the life style of the Comaltecos, where each region has its own natural, cultural and historic characteristics, which have made Comala a worldwide famous town, inspiration to artists such as Juan Rulfo, Alejandro Rangel Hidalgo and Alberto Isaac.

Some of the most famous places to visit in this charming town are: The Main Square, surrounded by beautiful Portales, where you can find the City Hall, the traditional “botaneros” and the San Miguel del Espíritu Santo Temple.



PUEBLO MÁGICO

The former Hacienda of Nogueras houses an Eco Park, a place to relax and to admire which used to be a sugar cane production hacienda. Here you can also visit the Museo Universitario Alejandro Rangel Hidalgo and the Nogueras Cultural Center.

Open: Tues-Sun from 10:00 to 18:00.



Comala is the perfect start to the amazing Volcano Route where you will find country restaurants, rental cabins with breathtaking views, bird-watching trails, coffee fields, temazcales, spas, all surrounded by abundant vegetation and warm climate. Everything located less than 20 minutes away from the state Capital City.

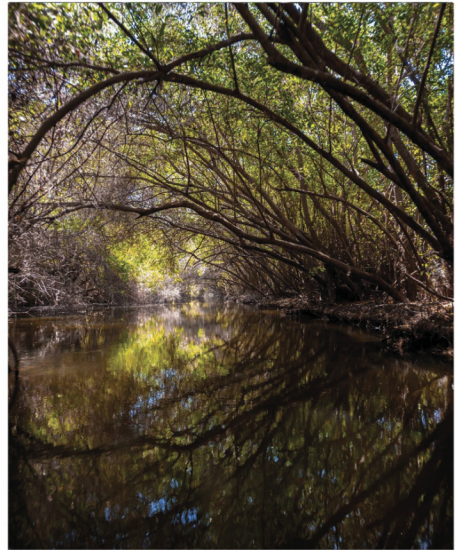


Visit the monuments, the most important museums in the city, temples and the most representative neoclassic buildings in Colima. Visit the haciendas and discover charming places.

DO NOT MISS



North **Comala**, you cannot miss the Volcano route. Visit country restaurants, coffee production communities, spectacular lagoons, practice hiking, among other activities. All of these at the foothills of the “Volcán de Fuego”.



The Palo Verde Estuary in **Armería** provides amazing natural sceneries to practice bird-watching and to discover the abundant wildlife. Here you will also find the Tortugario, a sanctuary that preserves sea turtle species and where you may participate in the conservation by freeing them back to the ocean.

Try the traditional drinks, starting with the tuba, extracted from the palm tree, a tradition passed from generation to generation.



Bate, refreshing drink made from chan seed and piloncillo, easily found in street markets. Don't miss the tejuino, made with corn dough and spices served with ice and considered a "back to Life" during the hottest days.



PLAYA DE PASCUALES - EL REAL CORRIDOR

Located in the municipality of **Tecomán** this corridor is ideal to enjoy a day trip from Manzanillo or Colima City. This area offers an excellent assortment of beachfront seafood restaurants, unforgettable sunsets and some of Mexico's best surfing.

CUYUTLÁN - EL PARAÍSO

A short drive from Manzanillo in the municipality of **Armería**, you can find the town of Cuyutlán, famous for its towering "Green Wave" and incomparable beaches, and El Paraíso where you can enjoy fresh local seafood served up in thatched roof beach restaurants at affordable prices.

Take an ecological tour to the turtle sanctuary, "El Tortugario" where animal life is preserved and our visitors learn about the underwater world through an interactive experience, one of its main attractions is to release sea turtle hatchlings during the spawning season.



CULTURE

LA CAMPANA ARCHAEOLOGICAL SITE

It was the precolonial site with the highest population rate in Western Mexico. Related to the Teotihuacan culture in the classic period and where you can see “womb form tombs”, pottery, water systems and a religious center. It is located on Tecnológico Av., in the municipality of **Villa de Álvarez**, 10 minutes away northwest downtown Colima City.

Open: 9:00 - 18:00 hrs.

THE CHANAL ARCHAEOLOGICAL SITE

More than fifty hectares make it the largest archaeological site in the state. “Osario”, “la Pirámide”, and “la Gran Plataforma” are found here. It is located at the end of V. Carranza Street 25 minutes Northwest downtown Colima City.

Open: Tues-Sun from 10:00 to 18:00 hrs.





Colima has different monuments which give special identity to the state. Some of the most famous are: Perritos Colimotes, in honor of the important precolonial tradition of transferring knowledge from the old dog to the young one; Rey Colimán, amazing eight-meter sculpture, made by Fernando Olaguibel, author of the Hunting Diana located in Mexico City.

In **Villa de Álvarez** city center, you can visit the beautiful bronze sculpture made in honor of the traditional festivities called “La Cabalgata”.

In **Tecomán**, where lime fields are common, the shocking sculpture of “El Limonero” or “Life Tree” from the artist Sebastián.

MONUMENTS

On the other hand, el Palapo, Ecologic Park, is a great place to be among nature and appreciate a great sample of exotic birds.

If you are looking for a more relaxed contact with nature we recommend visiting El Cocodrilarío at La Colorada-Alcuzahue Lagoon, in **Tecomán**.

COLIMA CITY

Different neoclassic style buildings can be visited in the capital of the state. Among the most famous are: the Government Palace, with a Dolores Independence Bell Replica; the Federal Palace, with Emilio N. Parra paintings and the Cathedral, first one to be consecrated to the Virgin of Guadalupe in Latin America.

The city boasts several city squares with beautiful fountains (and free WIFI). The two most famous ones are located downtown, Gregorio Torres Quintero Square and Libertad Square. Also be sure to visit Nuñez Square located along Constitución street (a pedestrian street) for a variety of vendors selling local handcrafts. An alternative to the vendors there is a local store, on the same street, called “Huentli” that is packed with locally made souvenirs. If you love Colima squares as much as we do, be sure to stop by the Piedra Lisa Square for as a legend states “Who slides here shall return to Colima”.



The city offers an assortment of cultural and historical museums located in some of the most beautiful heritage buildings. The most popular are “Museo Regional de Historia” located across the street from Libertad Square and “Pinacoteca Universitaria Alfonso Michel” at #35 Vicente Guerrero.

Museo Regional Open: Tues-Sat from 9:00 to 18:00. Sundays 16:00 to 18:00.
Pinacoteca Open: Tues-Sat from 10:00 to 14:00 and 15:00 to 20:00. Sundays from 10:00 to 13:00.

It is impossible to speak about Colima without mentioning the “Feria de Todos los Santos”, held at the beginning of November and each year gathering society, as well as farmers. It is an excellent opportunity to get a whole picture of the state.



Colima is one of the smallest states in the country; which makes it easy to enjoy all it has to offer with minimal travel time. Its physiography and weather provide an important diversity of ecosystems where a wide variety of wildlife lives. (CONABIO 2016).

Colima is rich in biodiversity. Visit some of its three Protected Natural Areas, two of which are considered Biosphere Reserve; “Sierra de Manantlán”, Revillagigedo Archipelago, considered by the UNESCO World Natural Heritage Site and the “Parque Nacional Nevado de Colima”.



Enjoy the amazing “Volcán de Fuego”, the most active in the country. Some of the places where you can admire its beauty are: the lagoons of Carrizalillos and La María; ideal sites to enjoy a magical weekend in the different options of hostels and cabins and country food.

NATURE AND

The Eco Park in Nogueras, located at the former cane production hacienda of the same name North **Comala**, is a privileged space. Enjoy the experience of a precolonial hot steam bath in one of the temazcales of the state. North



If you are looking for an extreme experience, hiking through the air of Colima on a hand glider from La Cumbre guided by expertise of experts would be unforgettable. Don't miss the opportunity to experience a Balloon ride and appreciate the diversity of the landscape of Colima from the above.

San Jeronimo Terrero, in the municipality of **Minatitlán**, north of the State, forms part of the Biosphere Reserve of Sierra de Manantlán. Hiking is a commendable activity for those who enjoy nature. El Salto, a ten-meter waterfall, is an ideal place to go with your family.

ADVENTURE

TRADITIONS

VILLA DE ÁLVAREZ

Speaking of traditions, we cannot avoid mentioning the Charro Taurina festivity held in this municipality in February. Famous for its spectacular horses parades, with wonderful stallions and expert horse riders. Considered Humanity Heritage “La Petatera” bull-fight square, is built each year by handcrafters with woven strips of palm trees. Miniatures can be bought as souvenirs.



IXTLAHUACÁN

This Nahuatl word means “Desert Place without trees or shelter, valley”. In this area there are several places that are considered of a high cultural value, such as the Cemetery Tombs, also the San Gabriel caves which are considered a shrine underground by the characteristics of its wealthy stone staircase.

BEACHES

MANZANILLO, THE SAILFISH CAPITAL OF THE WORLD.

It is considered the most important port on the Mexican Pacific Coast. Among its main beaches you can find: “La Audiencia”, certified clean beach by the “Instituto Mexicano de Normalización y Certificación”, ideal for water sports; “Miramar”, with soft waves; Salahueta beach, where sea fishing is practiced; Santiago, perfect for a boat ride to view the famed “Hotel Las Hadas”, a beautiful example of Moorish Mediterranean and Mexican architecture. And the family friendly beach, La Boquita.

